OCTOBER HALF-TERM

FREE YOUTH PROGRAMMES





MONDAY 26 OCTOBER

Holdbrook Multi-Sports Sessions 5.30-7.30pm

AGES 11-18

Holdbrook MUGA Court, Waltham Cross EN8 7SL

Open to all abilities, sessions focus on a mix of fun activities including football, basketball and much more!

Email info@sportingaid.org

TUESDAY 27 OCTOBER

Multi-Sports Youth Sessions 2-4pm

AGES 11-18

Grundy Park, Cheshunt EN8 9AJ

Free multi-sports sessions for ages 11-18, running at Grundy Park. Open to all abilities, sessions include a mix of activities such as football, basketball and games.

Focusing on fun, fitness and teamwork in a safe, inclusive environment.

Email john.sportinginspirations@gmail.com

WEDNESDAY 28 OCTOBER

Multi-Sports Youth Sessions 2-4pm

AGES 11-18

Grundy Park, Cheshunt EN8 9AJ

Free multi-sports sessions for ages 11-18, running at Grundy Park. Open to all abilities, sessions include a mix of activities such as football, basketball and games.

Focusing on fun, fitness and teamwork in a safe, inclusive environment.

Email john.sportinginspirations@gmail.com

Girls Corner, 6-8pm (females-only project)

AGES 14-17

Active Local Hub, Waltham Cross Playing Fields, Station Approach, Waltham Cross EN8 7LU

From team games to new experiences, sessions are designed to help young people develop new skills and make friends, with many different activities to enjoy.

Limited spaces available, scan the QR code to book or email info@sportingaid.org

Waltham Cross Calisthenics, 6-8pm

AGES 14+

Waltham Cross Playing Fields, Station Approach, Waltham Cross EN8 7LU

A calisthenics session for young people. Focused on bodyweight training, strength and conditioning, sessions are suitable for all abilities. Participants will build fitness, improve technique and develop confidence in a supportive environment through structured workouts and progressive challenges.

Email info@sportingaid.org









THURSDAY 29 OCTOBER

Multi-Sports Youth Sessions 3-4.30pm

AGES 11-18

Barclay Park, Hoddesdon EN11 8JX and Cheshunt Park, Park Lane, Cheshunt EN7 6QD

Youth multi-sport sessions taking place at both Barclay Park in Hoddesdon and Cheshunt Park with football, basketball and much more to get involved in. Simply turn up and enjoy the sessions!

Email community@broxbourne.gov.uk

Cheshunt and Waltham Cross Street Cricket, 5-6pm

AGES 8-16

Laura Trott Leisure Centre, Windmill Lane, Cheshunt EN8 9AJ

Street cricket sessions for young people. These indoor sessions offer a modern, fast-paced version of cricket designed to be social, energetic and inclusive for all abilities.

To book on, or for more information, email community@broxbourne.gov.uk

Street-based Youth Work Project, 6-8pm

AGES 8-15

Hoddesdon and West Cheshunt areas

Services for Young People's street-based youth work projects focus on helping young people stay safe from exploitation and crime. Young people can receive support from qualified youth workers, identified by their uniform and ID badge.

Email sfyp@hertfordshire.gov.uk



FRIDAY 30 OCTOBER

Multi-Sports Youth Sessions 3-4.30pm

AGES 11-18

Barclay Park, Hoddesdon EN11 8JX and Cheshunt Park, Park Lane, Cheshunt EN7 6QD

Youth multi-sport sessions taking place at both Barclay Park in Hoddesdon and Cheshunt Park with football, basketball and much more to get involved in. Simply turn up and enjoy the sessions!

Email community@broxbourne.gov.uk

Multi-Sports Youth Sessions 3-4.30pm

AGES 11-18

Dig Dag Hill Playing Fields, Cheshunt EN7 6NS

Youth multisport sessions taking place at the Dig Dag Hill Playing Fields Multi Use Games Area, featuring football, basketball and a range of other sports and games. Simply turn up and get involved!

Email community@broxbourne.gov.uk

SATURDAY 31 OCTOBER

Girls Kicks, 10-11am (females-only project)

AGES 5-16

Waltham Cross Playing Fields, Station Approach, Waltham Cross EN8 7LX

Wildcats (ages 5-15)
Scan the QR code to sign up

Squad Girls (ages 12-16)
Scan the QR code to sign up

SUNDAY 1 NOVEMBER

Junior Parkrun, 9am

AGES 4-14

Waltham Cross Playing Fields, Station Approach, Waltham Cross EN8 7LU and Cheshunt Park, Park Lane, Cheshunt EN7 6QD

Whether they want to run, jog or walk, Junior Parkrun is a brilliant way for the whole family to get moving and enjoy a positive start to a Sunday morning!

Scan the QR code to register

Email walthamcrossplayingfieldjuniors@parkrun.com

Email cheshuntjuniors@parkrun.com

SPORTING AID

Peabody

SPORTING INSPIRATIONS CIC

For more information, call **01992 785555 ext. 5591** or email **community@broxbourne.gov.uk**

BOROUGH OF BROXBOURNE
www.broxbourne.gov.uk

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